

Mid-Florida Milers Walking Club
The Villages @Lake Sumter Landing
September 21st, 2024



We are hosting a walk on September 21st, 2024 at The Villages, Lake Sumter Landing. Both 5K and 10K walks take you past numerous golf courses providing views of Cherry Lake/Lake Sumter, Sumter Landing Town Square, residential areas and gardens. Our walks are open to the public, for all fitness levels and all ages.

📍 Start/Finish: [The Waterfront Inn](#)

1105 Lake Shore Drive
The Villages, FL 32162

Register and begin walking any time between 9:00-9:30 am

NOTE: Please no parking in lot in front of hotel

- 📍 Choose from: 10K (6.2 miles) or 5K (3.1miles), walking at your own pace. Printed directions with map are provided. PLEASE CARRY WATER.
- 📍 Fee: \$4 for all walkers. Free for walkers 12 or younger who do not want walk credit.
- 📍 More information: www.midfloridamillers.org
- 📍 Contact: Jan Van Vlack, 317.303.0526, jvanvack@gmail.com